

## Theme - Festivals

EC5103

**Sub Concepts:** My Body Parts, My self

### Lesson Plan for My Body

#### Day 1:

#### Discussion on Body Parts (External Body Parts)

- i. Teacher enquires about the name of their body parts by touching as the children are mature enough to tell most of the body parts. Teacher can lead the discussion from known body parts to unknown. Teacher can extend the discussion by asking the uses of the same. she records the same on the board by drawing pictures of body parts and writing the corresponding words.
- ii. Discussion on uses of body parts using the flash cards of some of the body parts.

#### Day 2:

#### Stories and Songs

- i. Tamil Story body parts
- ii. Songs about body parts
- iii. Colouring activity - asking children to trace their hands and foot, or in a given circle children can fix eyes, nose mouth ( Teacher should give a small pictures of nose and .

(Note: teacher can give body pictures like head hands, legs and can ask children to fix it in chart.)

#### Day 3:

#### Stories and Songs – reinforcing

- i. Picture and word matching – teacher shows the picture cards of body parts and word cards; students try and match them. (Suggestion: teacher can sit along with the students in a circle and do this activity.)

## **Day 4 and 5:**

### **Stories and Songs – reinforcing**

- i. Same as day 3
- ii. Students try to write the words for the respective pictures with the help of the word cards.
- iii. Free drawing – students draw simple pictures of their body parts and can trace their hands and foot ( as the activities done before now the children can try independently).